
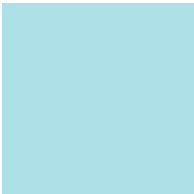





INSULIN STORAGE GUIDE






Make sure that insulin is the last thing which you buy while you are out in the market and first thing to be stored once back at home, so that the **cool chain** is maintained







Once home, the **unused** insulin vial/pen should be stored in the refrigerator (2- 8° C)




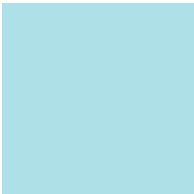


Store the products in
a refrigerator and
**do not store in
the Freezer**





Chowdhury S, Chakraborty PP. Errors of insulin therapy: Real-life experiences from developing world. J Family Med Prim Care 2017;6:724-9.



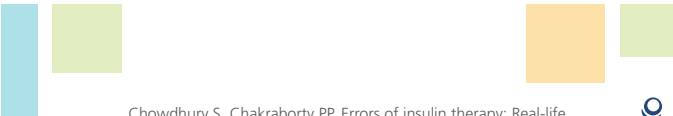


Once an insulin vial/pen is **opened** for use, it should be kept at room temperature. Only unopened vials/pens should be kept in the refrigerator






Insulin pens containing
cloudy insulin should be
kept horizontally during
storage and those
containing clear insulin
can be stored either
vertically/horizontally




Chowdhury S, Chakraborty PP. Errors of insulin therapy: Real-life experiences from developing world. J Family Med Prim Care 2017;6:724-9.






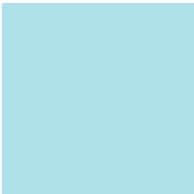
While travelling, store the insulin vial/pen in **a pouch with a refrigerated coolant gel pack** or **cooled thermoflasks with ice** if the ambient temperature is expected to be higher than 30°C




While **travelling** by air,
insulin should not be placed
in the checked-in baggage
to avoid exposure to
extreme temperatures

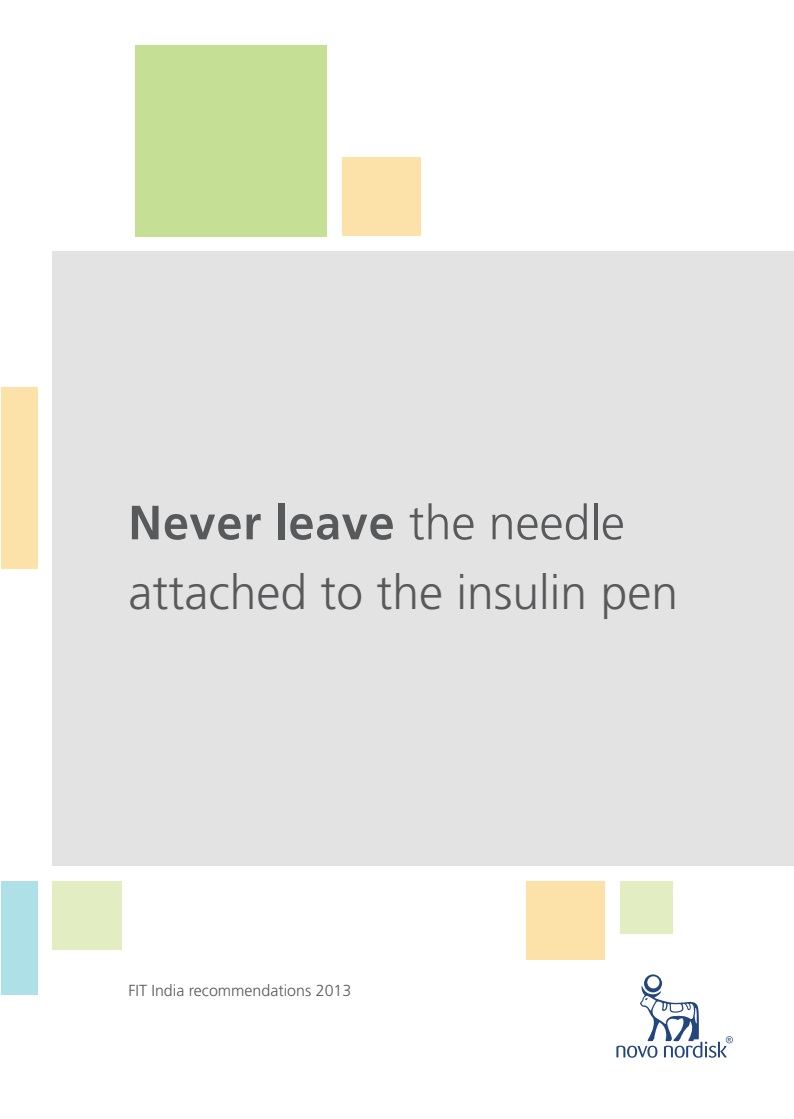
Chowdhury S, Chakraborty PP. Errors of insulin therapy: Real-life experiences from developing world. J Family Med Prim Care 2017;6:724-9.





Do not store your insulin near extreme heat or extreme cold. Never keep insulin in the freezer, direct sunlight or in the glove compartment of a car


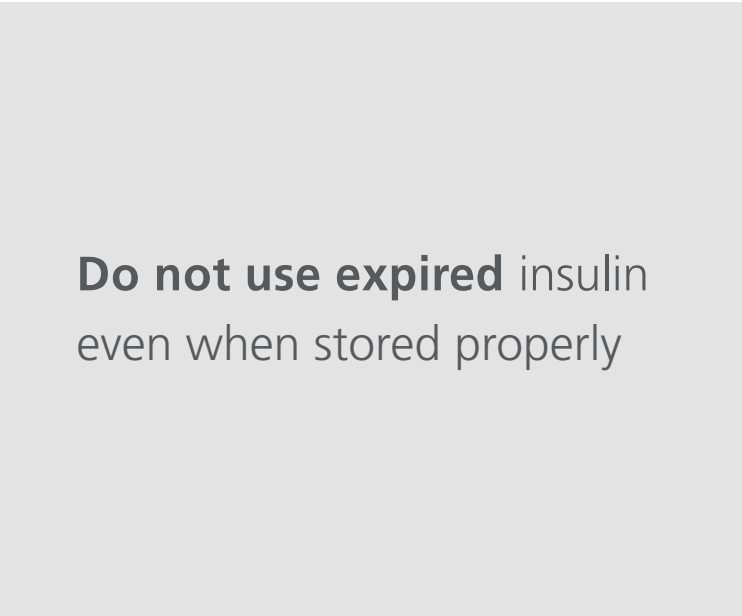

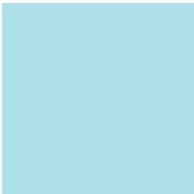


A decorative graphic consisting of several colored squares and bars. At the top left, there is a large green square and a smaller orange square to its right. On the left side, there is a vertical orange bar. At the bottom left, there is a vertical teal bar and a green square. At the bottom right, there is an orange square and a green square.


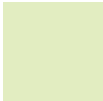

Never leave the needle
attached to the insulin pen

FIT India recommendations 2013





Do not use expired insulin
even when stored properly



Chowdhury S, Chakraborty PP. Errors of insulin therapy: Real-life experiences from developing world. J Family Med Prim Care 2017;6:724-9.

Notes:



Novo Nordisk India Private Limited
Plot No. 32, 47-50, EPIP Area,
Whitefield, Bangalore- 560 066. India
visit us at: www.novonordisk.co.in

